

18th May 2021

Dear Parents & Carers,

As some of you may already be aware, Relationships and Sex Education (RSE), along with Health Education, is now a statutory part of the National Curriculum. This change was due to begin as of September 2020 but due to the COVID-19 pandemic, schools have been given longer to bring this into their curriculums.

At Brindishe Schools, we want all children to grow up healthy, happy, safe, and be able to manage the challenges and opportunities of modern Britain. The RSE, along with Health Education has been designed to equip your child with knowledge to make informed decisions about their wellbeing, health and relationships as well as preparing them for a successful adult life. The world for all young people looks very different from the way it did 20 years ago when this curriculum was last updated – these changes bring the content into the 21st century, so that it is relevant for our children.

By the end of primary school, pupils will have been taught content on:

- families and people who care for me
- caring friendships
- respectful relationships
- online relationships
- being safe

As part of Health Education, they will also have been taught content on:

- mental wellbeing
- internet safety and harms
- physical health and fitness
- healthy eating
- facts and risks associated with drugs, alcohol and tobacco
- health and prevention
- basic first aid
- changing adolescent body

Schools are required to consult with parents when developing and reviewing their policies for Relationships and Sex Education (RSE), which will inform schools' decisions on when and how certain content is covered. We would really appreciate it if parents could read through the policy and share your thoughts with us through an online survey. This survey is a first step in our schools' engagement on Relationships Education with you as parents. Your comments will help us understand your views and take these into consideration as we update our curriculum to meet the new requirements. The deadline for completing this survey is **18th June 2021**.

Policy Link: <https://www.brindishemanor.lewisham.sch.uk/attachments/download.asp?file=699&type=pdf>

Survey link: <https://www.surveymonkey.co.uk/r/PZPHFD6>

Thank you in advance for your help and support.

Kind Regards

Brindishe Schools