



Brindishe
Manor

Newsletter

Friday 9th February 2024



What has been happening this week

We have had a busy end to the half term! This week, we have had a special focus on Children's Mental Health and have also had a focus on Online Safety. The children have had a range of assemblies, sessions in class and online learning to support their understanding.

Thank you to the PSFA for organising the Cake sale yesterday and thank you all for supporting the sale! These are always a nice way to raise extra funds for the school.

Last week we celebrated Number Day with the children and it was a huge success. We asked for donations towards the NSPCC. Thank you for contributions, we raised £273.70 which will be sent to the NSPCC.

Up and coming events at school

Friday 15th March - Comic Relief in school

Tuesday 19th March and Thursday 21st March - Parents and carers evening 3:30-6:30pm



Are you an author, editor, journalist or in a profession that involves writing?

We are looking for parents and carers who may work in one of these roles or know someone that does, to come and speak to the children across our school. We want to explore different writing professions with the children and how writing is used in them. If you can help, please email Info@brindishemanor.lewisham.sch.uk or grab one of the leadership team on the gates.



Attendance this week

Overall school attendance this week:	95%	
Top 5 classes with attendance over 95%: A huge well done to Latimer class who had 99% attendance this week	Latimer Asher-Smith Escher Yousafzai Rashford	99% 97% 96% 96% 96%
Top classes with all children in on time	Jeffers, Adeola, Rashford, Attenborough! A huge well done to them all 😊	



First Aid at Brindishe Manor



We take first aid provision at BM very seriously. We take part in a health and safety audit annually and we also have audits from Lewisham Council as well as visits regularly from our Health and Safety advisor. First Aid is always available for the children whilst at school, as many of our TAs are trained in First Aid.

In the past your child may have come home with a pink first aid form for an injury that has happened in school. If your child bumps their head, they will initially be assessed by a first aider and a 'school first aid accident form' will be completed and a 'Head Bump' sticker will be given to the child. A phone call to parents/ carers will also be made by office staff, unless it happens at the end of the day and we know that you are collecting. On this occasion you will be told verbally. On rare occasions, we may ask you to collect your child and suggest you seek further medical advice for a bump to the head or other injury.

At the moment we complete first aid forms for anything that a child says has happened to them in the day e.g. a scratched finger or a knock to a leg, even if first aid has not been administered because there is no mark or cut (for example). Moving forward after half term, where first aid has not been needed or given, you will no longer receive a first aid form. We will only issue first aid forms if we have had to give first aid or if your child has a head injury.

Rest assured that if your child has hurt themselves and our trained First Aiders feel that you need to be informed, you will still receive a first aid report!



School Lunches

A reminder - we are offering you the flexibility to be able to choose on a daily basis whether your child would like to have a school meal.

Each morning the lunch register will be called and your child just needs to let their teacher know that they are having a school meal or packed lunch!

Headlice

Unfortunately, there have been reports of headlice in several year groups .

Please take the time to check your child's hair thoroughly and treat if necessary. It is important to do this to stop the lice being continually passed from one head to another.

If your child's hair needs treating, please remember that you will need to treat the whole family.

PSFA News

A big THANK YOU to everyone who supported the cake sale yesterday. It raised £455.50 for the school.

Well done to the cake competition winners - certificates and prizes will be coming home today.

If anyone wasn't able to make it along but would like to contribute (we've had a few people ask) you can do so using this link: <https://pay.sumup.com/b2c/Q1BBLAGW>

We will be fundraising for an exciting new non-fiction library this year - more to follow on this after half term.

Dates for next half term:

Coffee morning 23/2

World Book Day Breakfast 7/3

More to follow!

(Cake tins can be collected from the office)



Wildcats

FS

Catford Wildcats are now looking for footballers to join the new U6 training sessions.

Catford Wildcats is a football club and football school formed to help 4-10 year olds develop the skills needed to be able to start playing as part of a team. Sessions are run by DBS checked, FA trained coaches.



Currently looking for Reception and Year 1 footballers to join our new Saturday sessions (12:30 – term time)
Mountsfield Park, Catford, SE6 starting in March 2024

Please contact Marco for further details or to register interest at wildcatsfootballschool@gmail.com



Games mixed in with traditional football training to create a fun environment and help develop:

- Fundamental technical skills: shooting, passing and tackling
- Advanced skills: positioning, marking, pressing and even goal keeping.

For 6+ year olds, team matches planned for late September 2024 onwards.



£7 / session

Pay for the term in advance for a discount

Please contact Marco for further details or to register interest at wildcatsfootballschool@gmail.com



Brindishe Federation Newsletter

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Veg Power!

We are excited to inform you that Radish will be hosting a 'Veg Power' event which will be held in Brindishe Schools on Thursday 14th March to support the 'Eat Them to Defeat Them Campaign'. We are delighted to get involved in this great campaign to encourage our children to try new vegetables in a fun and engaging way.

A bit of background:

In 2018 Veg Power formed a key partnership with ITV and together created the 'Eat Them to Defeat Them' campaign. Now in its sixth year, nearly 5,000 schools across the UK and over 1.5m pupils have taken part. Research now shows that repeated involvement in the campaign leads to increased veg consumption over the long term. If you would like some more information about Veg Power, please visit:
<https://eatthemtodefearthem.com/schools/>

What is Radish doing?

Radish's plan for this fun Veg Power day is as follows:

•*The Radish Big Chomp Salad Bar*

Staff will encourage your pupils to get those gnashers to work defeating those veg one big bite at a time, and we are planning some great chomp visuals and fun. Chomping on raw veg is also excellent for dental health – so double win!

•*Lunchtime*

The main menu will remain in place, but we will highlight the dishes that are packed with veggies with some fun decorations on display to get the children excited!

Every pupil will receive a reward chart and stickers to take home so they can continue their quest to chomp and defeat their veggies!

Online Safety Bulletin

BRECK Principles



This week, some schools in the Brindishe Federation had the BRECK foundation charity come into school to discuss online safety and online grooming with the children across year 3-6.

Being a parent to a child of the digital generation can be challenging. The Breck Foundation work with parents and carers to educate them about the dangers of online grooming to help them educate and empower their children to make better decisions to stay safer online.

To learn more about the story of Breck and where these come from, visit
<https://www.breckfoundation.org/post/useful-links-for-parents>

Right Respecting Article Of The Week

Safer Internet Day was marked on Tuesday 7th February this year and all three Brindishe Schools recognise this annual event.

We all have a right to feel safe and secure and that means safe online as well as in the real world. Safer Internet Day is an annual event that promotes the safe, responsible and positive use of the internet. There are a large number of articles that link with being online. The internet can be a great place but needs to be used carefully.

*What do you feel are some of the great things about the internet and life online?
What don't you like about the internet and life online?*

Your child's right to be safe and protected is always important, including when they use computers, phones and the internet. Can you think of three top tips for staying safe online that you can share with your child at home? Use thinkuknow.co.uk to help.

Watch [this video](#) about safe and respectful relationships online. Talk with your child at home about the lessons you learned from watching it and talk with your child about what they learnt in school this week for **Safer Internet Day 2024**.



Holiday Swimming Crash Courses

Lewisham's February half term crash course lessons will run between **Monday 12th to Friday 16th February 2024**. Each booking is a week long intensive course – prices for all levels is £40

Swim for All - All pools across Lewisham Partnership will be running additional Swim for All sessions (family swims) in all pools. 'Swim for All' sessions are perfect for all abilities. If you're looking to build your confidence, work on your strokes, float away any stress, or just simply want to enjoy a more casual swim with your family and friends. Come before 10am to take advantage of our Kids for a Quid offer.

Holiday Camps - Bellingham Football Domination multisport - [click here](#) for more information

Soft play - Available at Bellingham and Wavelengths

Adult & Child Gym (9-17 yrs) - 'Adult and Junior Gym' session are for adult members where they can bring along their child (maximum one child per adult)

Junior Gym - If you are aged 11-17 years and want to work out in the gym over the half term break, we have lots of extra sessions available!

Junior Classes - Junior Classes running at Forest Hill Pool, Glass Mill Leisure Centre and Wavelengths Leisure Centres

- Junior Cardio
- Junior Strength & Conditioning

Governing Body

If you would like to attend a Brindishe Federation Governing Body meeting, please email our Chair of Governors, Liz Murphy - lmurphy@brindisheschools.org. Our fourth meeting of this academic year is on **Tuesday 19th March at 6pm** at Brindishe Manor School.

Key Federation Dates

- End of Term - **Friday 9th February**
- Half Term - **Monday 12th February to Friday 16th February**
- Children return to school - **Monday 19th February**
- Secondary Offer Day - **Friday 1st March**

Have a lovely half term break.

Look forward to seeing you all back at school on Monday 19th February.